



# PROCEEDING WORD APOSTOLIC MINISTRIES

... God's Word Prospers with Purpose ~ Isaiah 55:11 ...

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## Word of God for Sunday, May 3, 2015

“Be Still and Know ...”

### Introduction

- No matter what situation you may face in life, remember to be **STILL** (*relax and let go of all your inhibitions*) and **KNOW** (*recognize and acknowledge*) that God is able (*to make Himself known*) and He will work all things out for your good because God is with you and you have been called according to His Purpose!
- When it doesn't look like God is moving, when we can't feel Him or even hear Him, we must be STILL and KNOW that God is WORKING!
- When all hell is breaking loose, be STILL and KNOW that God is your deliverer and peace in the midst of the storm.
- When confusion is all around, be STILL and KNOW that God is the perfect peace that surpasses all understanding and can give you a sound mind.
- Be STILL and KNOW that God is I AM that I AM ... He is everything you need Him to be.

### Scripture Text & Message

#### Psalm 46 (Key Verse 10)

**46** God is our refuge and strength, a very present help in trouble.

<sup>2</sup> Therefore will not we fear, though the earth be removed, and though the mountains be carried into the midst of the sea;

<sup>3</sup> Though the waters thereof roar and be troubled, though the mountains shake with the swelling thereof. Selah.

<sup>4</sup> There is a river, the streams whereof shall make glad the city of God, the holy place of the tabernacles of the most High.

<sup>5</sup> God is in the midst of her; she shall not be moved: God shall help her, and that right early.

<sup>6</sup> The heathen raged, the kingdoms were moved: he uttered his voice, the earth melted.

<sup>7</sup> The LORD of hosts is with us; the God of Jacob is our refuge. Selah.

<sup>8</sup> Come, behold the works of the LORD, what desolations he hath made in the earth.

<sup>9</sup> He maketh wars to cease unto the end of the earth; he breaketh the bow, and cutteth the spear in sunder; he burneth the chariot in the fire.

<sup>10</sup> **Be still,** <sup>H7503</sup> **and know** <sup>H3045</sup> **that I am God:** <sup>H430</sup> **I will be exalted among the heathen, I will be exalted in the earth.**

<sup>11</sup> The LORD of hosts is with us; the God of Jacob is our refuge. Selah.

### MacArthur Study Bible Commentary with Pastor Pettenger's Inspirational Notes

- **46:2 Even though the earth be moved.** ... These are poetic allusions to earthquakes.
  - *When the most stable things in your life become unstable, there should be no fear because of the stability of God.*
- **46:3 Thought its waters roar.** This is an illustration of powerfully surging and potentially destructive floods of waters. These will not erode God's protective fortifications.
  - *It may seem like large attacks of the enemy are trying to overtake you like a flood, but know that the protection of God cannot be penetrated. Where the blood is on the door post, the enemy must past over!*

- **46:4 There is a river whose streams.** These words about refreshing waters contrast with those about the threatening torrents of v.3. **the city of God.** These words in their present setting refer to Jerusalem, God's chosen earthly residence.
  - *If God is dwelling on the inside of us, just as God took up residence in the city of Jerusalem (known as the city of God), we can relax and trust in the provision and security of the Lord during times of famine, flood and war.*
- **46:5, 6 she shall not be moved.** These verses pick up some of the key terms about moving , slipping, tottering, sliding, and roaring from vv.1-3; however, here, because of the presence of God, the forces of nature and the nation are no longer a threat to the people of God who dwell with Him.
  - *The enemy is no longer a threat to you because God is in the midst of you and your situation. He has promised to help you "right early" or "just at the break of dawn".*
  - *Weeping may endure for a night but joy comes in the morning.()*
  - *His mercies are new every morning; great is His faithfulness unto us! ()*
- **46:7 The Lord of hosts is with us.** The precious personal presence of the Divine Warrior (cf. "Lord of hosts" or "armies") secures the safety of His people.
- **46:8 desolations.** This word not only characterizes God's past exploits but it is also employed in various "Day of the Lord" contexts.
  - *God is going to make Himself known through manifestations, signs and wonders.*
- **46:9 Be still, and know that I am God.** This twin command to not panic and to recognize His sovereignty is probably directed to both His nation for comfort and all other nations for warning.
  - *The sure word and promises of God are a comfort for those who dwell with Him and a warning for those who choose to dismiss Him.*

### Lexicon Strong's Hebrew

**STILL:** Strong's H7503 – *raphah* – רָפָה – Pronunciation: rä-fä' – Biblical Definition: to sink, relax, sink down, let drop, be disheartened; abate, withdraw, idle, abandon, refrain, forsake, to let go, to refrain, let alone, to be quiet, to show oneself slack

**KNOW:** Strong's H3045 – *yada`* – יָדַע – Pronunciation: yä-dah' – Biblical Definition: to know; to perceive and see, find out and discern; to know by experience; to recognize, admit, acknowledge, confess; to be instructed; to make oneself known, reveal oneself; be acquainted with; declare; understand

**GOD:** Strong's H430 – *'elohiym* - אֱלֹהִים – Pronunciation: el-ō-hēm' – Biblical Definition: rulers, judges; divine ones; works or special possessions of God; the (true) God; God.

### WHAT is it that we need to KNOW?

- **That God is "I AM that I AM" ... He is everything you need Him to be.** (*When Moses needed confidence and boldness to face his family and peers, to the children of Israel*)  
**Exodus 3:13-14 (KJV)**  
<sup>13</sup> And Moses said unto God, Behold, when I come unto the children of Israel, and shall say unto them, The God of your fathers hath sent me unto you; and they shall say to me, What is his name? what shall I say unto them? <sup>14</sup> And God said unto Moses, I AM THAT I AM: and he said, Thus shalt thou say unto the children of Israel, I AM hath sent me unto you.
- **There is nothing too hard for God!** (*The prophet Jeremiah prayed ...*)  
**Jeremiah 32:17 (KJV)**  
 Ah Lord **GOD!** behold, thou hast made the heaven and the earth by thy great power and stretched out arm, and there is nothing too hard for thee:

- **He has all power, all authority, and Jesus said He has you in the palm of His hand.**

**John 10:28-30 (KJV)**

<sup>28</sup> And I give unto them eternal life; and they shall never perish, neither shall any man pluck them out of my hand. <sup>29</sup> My Father, which gave them me, is greater than all; and no man is able to pluck them out of my Father's hand. <sup>30</sup> I and my Father are one.

- **Nothing can separate you from the love of God!**

**Romans 8:34-39 (KJV)**

<sup>34</sup> Who is he that condemneth? It is Christ that died, yea rather, that is risen again, who is even at the right hand of God, who also maketh intercession for us.

<sup>35</sup> Who shall separate us from the love of Christ? shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword?

<sup>36</sup> As it is written, For thy sake we are killed all the day long; we are accounted as sheep for the slaughter.

<sup>37</sup> Nay, in all these things we are more than conquerors through him that loved us.

<sup>38</sup> **For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come,**

**<sup>39</sup> Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord.**

## Conclusion

**Romans 8:26-28 (KJV)**

<sup>26</sup> Likewise the Spirit also helpeth our infirmities: for we know not what we should pray for as we ought: but the Spirit itself maketh intercession for us with groanings which cannot be uttered.

<sup>27</sup> And he that searcheth the hearts knoweth what is the mind of the Spirit, because he maketh intercession for the saints according to the will of God.

<sup>28</sup> And we know that all things work together for good to them that love God, to them who are the called according to his purpose.